



Harriet Jessen

June 11, 1925 - July 28, 2010

Harriet Arnold Jessen (1925-2010)

CEDAR FALLS- Harriet Arnold Jessen, 85, of Cedar Falls died Wednesday, July 28, 2010 at Sartori Memorial Hospital.

She was born June 11, 1925 in Rensselaer, Indiana, daughter of Harry J. and Helen M. (Meader) Arnold. She married Verner M. Jessen on June 26, 1948 in Valparaiso, IN. He died December 7, 2002.

In addition to being a homemaker, she was an exercise instructor with the YWCA, Cedar Falls Recreation program, Covenant and Sartori Hospitals. She was one of the first in the state of Iowa to teach the Body Recall exercise program for seniors. She was an active volunteer at Bethlehem Lutheran Church, Sartori Hospital and served as Volunteer Coordinator for the World's Window, for over twenty years.

She was a 2010 recipient of the Governor's Volunteer Award and an Olympic torch bearer in Cedar Falls for the 1996 Atlanta Olympics Cross Country Torch Run.

Survivors include two sons, Kyle (Goldy) of Park City, UT, and Alan (Margaret) of Cedar Falls, IA; a daughter, Becky Lang (Mark) of Johnston, IA; and four

grandchildren, Amadea, Toby, Rob and Rachel.

Preceded in death by her father; mother, a sister, Elizabeth Strauss; and two brothers, Robert Arnold and Elvin Arnold.

Memorial services will be held 11:00 a.m. Monday at Bethlehem Lutheran Church, with inurnment in Fairview Cemetery, both in Cedar Falls. Family will receive friends from 4:30 to 7:00 p.m. Sunday at the church. Richardson Funeral Home is assisting the family.

In lieu of flowers, memorials may be directed to the church, the World's Window, or Self-Help International.

The family would like to thank the doctors and nurses at Sartori Hospital and Cedar Falls Lutheran Home for the loving care of their mother.

Tribute Wall



“ I am so sorry. I want to tell you that the short time that I took care of Harriet, she was a wonderful person and she will be missed by those of us who took care of her. She is in the arms of Jesus.

March 29, 2013 at 02:50 PM



“ Kyle, I was reading the Waterloo Courier online, happen to see your mother passed away. I just wanted to give you my condolences. I understand what losing a mother feels like. Eldon Duneman

July 31, 2010 at 12:00 AM



“ Becky, please accept my condolences to you and your family. I have fond memories of your mother.

July 29, 2010 at 12:00 AM