



## John "Shep" Shephard

July 14, 1944 - December 17, 2022

John Ford "Shep" Shephard Jr., 78, of Cedar Falls, died on Saturday, December 17, 2022, surrounded by loved ones at his home.

He was born on July 14, 1944, in Duluth, MN, the son of John Shephard Sr. and Carolyn (Wolfs) Furst. He served in the U.S. Navy and received his GED. He made a career and name for himself in the foodservice industry beginning with Martin Brothers Distributing of Cedar Falls and finishing with Hawkeye Foodservice of Iowa City.

John is survived by a son, Scott (Kimberly Sprenger) Shephard of Iowa City; grandsons, Jeremy (Chloe) Shephard of Cedar Falls, Travis Shephard of Waterloo, Alex Shephard of Raymond, and Dillion Shephard of Iowa City; granddaughter, Sidney Shephard of West Palm Beach, FL; brother, Jeff (Fran) Shephard Sr. of Phoenix, AZ; and niece, Karen Showalter of Cedar Falls.

He was preceded in death by a son, John Shephard III; brother, David Shephard; and sister, Carol "Pinky" Shephard.

Funeral services will be 10:30 a.m. Thursday, December 29, 2022, at Nazareth Lutheran Church in Cedar Falls with visitation one hour prior. Interment at Greenwood Cemetery in Cedar Falls.

Memorials may be directed to the family.

# Previous Events

## Visitation

DEC **29**. 9:30 AM - 10:30 AM (CT)

Nazareth Evangelical Lutheran Church  
7401 University Ave  
Cedar Falls, IA 50613-5025  
(319) 266-7589

*Located in Larsen Chapel*

## Funeral Service

DEC **29**. 10:30 AM (CT)

Nazareth Evangelical Lutheran Church  
7401 University Ave  
Cedar Falls, IA 50613-5025  
(319) 266-7589

*Located in Larsen Chapel*

## Burial with Military Honors

DEC **29**. 12:30 PM (CT)

Greenwood Cemetery  
the end of College St, north of First Street  
Cedar Falls, IA 50613  
(319) 273-8628

# Tribute Wall

TF

“ *Mr. Shepherd was a constant presence in our neighborhood. We enjoyed lively conversations with him when we returned to visit. He always asked about all the De Groot kids, and we always shared memories about our childhood. We miss the neighborhood and the Shephard family. Sorry for your loss. The De Groot children*

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**The De Groot Family** - December 29, 2022 at 06:42 PM

LS

“ *Sorry for your loss he was a good man.*

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**larry and Elaine Sherbon** - December 29, 2022 at 10:59 AM

BM

“ *I'm so sorry for your loss! John was a fantastic neighbor! He came and introduced himself the day I moved into my house on Veralta and I've loved our conversations ever since. I am so going to miss my neighbor and friend! I'm confident he'll be watching out for us from above with his ever smiling face!*  
*Brenda Miller*

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**Brenda Miller** - December 26, 2022 at 10:32 AM



“ *It was always a bright spot in the day when John stopped by UPS where I worked for many years. Always the best conversation! He was a friend of my dad as well (Russ McLaughlin) who was a good broker & spent business time at Martin Brothers and he so enjoyed the whole gang there. I'm sure John will be so missed by his family.*  
*Regina McLaughlin Krueger*

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**Regina Krueger** - December 25, 2022 at 02:04 PM



*Food broker*

**Regina Krueger** - December 25, 2022 at 02:05 PM

DB

“ *We are so sorry for your loss. He will be missed by all. Fly high with your new angel wings.*

**Darrell and Candy Barfels** - December 24, 2022 at 05:32 PM



“ *He will be greatly missed. My son Kaden would loved to go over and chat with him whenever he saw him outside. John, Veralta Dr won't be the same without you.*

**Dalia Zepeda** - December 22, 2022 at 01:57 PM

GS

“ *A great friend always there for me ! Enjoyed our weekends together Quail hunting ! I will miss you buddy!*

**George Schuerer** - December 22, 2022 at 09:54 AM

KC

“ *John was our longtime Veralta Drive neighbor; always smiling, always friendly, and always ready for a chat. We enjoyed John so much and will greatly miss him driving by in his Suburban, rolling down his window, leaning out, and greeting us with, “Hello, Sunshine!”*

*Kathy, Kelly and Kay Cunningham*

**Kay Cunningham** - December 21, 2022 at 04:48 PM

MB

“ *Jeremy and family sorry to hear of your grandpa's passing our condolences. Mike and Melissa Backen*

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**Mike and Melissa Backen** - December 21, 2022 at 08:07 AM